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"We specialize in bringing you in-line with the real India - traditions, rituals, beauty, beauty, heritage, festivals, adventures, wild life, carnivals and many more different facets of our country- INDIA".

TRAVEL PLAN

Dear Traveler

Greetings from ALifetimeTrip

Thank you for choosing us for your travel needs.

Please find herewith all the relevant details (Itinerary, Accommodation) for your trip to Chadar Trek. Kindly take a moment to review these.

The travel plan is totally customizable. Please reach your tour planner and ask for changes that you would like to incorporate in your vacation.

We value your business and look forward to assist you.

Detailed Itinerary

Tour Itinerary: Leh(4N)-Camps(5N)

Day 1: Arrival & Acclimatization

Today you arrive at Kushok Bakula Rimpochee Airport at Leh. Once you board the flight to Leh, know that you are going to see beautiful mountains and you must not miss on clicking them from your shutterbugs. Upon arrival you shall be transferred to your Hotel. You will be welcomed by chilly air and hopefully some sunshine. It is strictly recommended to rest today and give time to your body for altitude acclimatization. You may go on a short evening walk to Shanti Stupa nearby, but if at any time you feel uneasy/dizzy/tiresome, get back to your hotel immediately. Overnight stay at hotel. Meals Included: Dinner; Accommodation: Shanti Nest / Similar

Day 2: Acclimatization

This day is meant to acclimatize with the change in altitude again. However, you might like to explore the local market to buy out trek essentials. Taxi if required will be available and charged extra, directly payable. During the afternoon, you could try some Ladakhi Cuisine for lunch; try the Thupka or Steamed / Fried Momos. Those with a bigger appetite could opt for the Kashmiri Wazwan. Vegetarians can head to Neha Snacks for authentic North Indian food. Later after lunch you might want to explore Leh (at own cost). Recommended attractions are Hall of Fame/ Gurudwara Pathar Sahib / Leh Palace / Shanti Stupa, as time permits. Overnight stay at hotel. Meals Included: Breakfast & Dinner; Accommodation: Shanti Nest / Similar

Day 3: Fitness Day

Today we will visit the city hospital for medical checkup. Due to the health problems the trekkers have faced in past, it is now mandatory to spend three days at Leh and acclimatize well before you begin the trek. Allow your body to get used to the cold. Today, post lunch you could further explore Leh as time permits. The trekkers can go further to the trek only if they pass this checkup. Overnight stay at hotel. Meals Included: Breakfast & Dinner; Accommodation: Shanti Nest / Similar

Day 4: Leh to Bakula Drive 3 Hrs, Trek to Shingra Kongma (3,369M)

After breakfast, drive to Bakula. It is one of the most scenic drives which brings you the delight of seeing some of the most beautiful spots in Ladakh. Gurudwara Pathar Sahib, Magnetic Hill and the confluence of the Zaskar and Indus are some of the places where you can take a pit stop for clicking memorable pictures. An hour and a half of driving along the Zaskar will get you to Chilling and then further to Bakula. The car will drop you right where the road ends. This will be your starting point for walking on the Zaskar. Walking on the ice will be the first challenge you will face. You can check for the ice formation using your walking pole before stepping your foot. Be ready to fall on your bum or on your knees many times on the Chadar. Its okay and you will remember it and laugh off when you will be back home. We trek to the first Campsite Shingra. Meals Provided: Breakfast, Lunch, Dinner; Accommodation: Camp at Shingra

Day 5: Shingra Koma to Tibb (3,350M)

Walking time 5 hours. In the morning, pack up and trek on ice of the Frozen Zaskar River