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## TRAVEL PLAN

Dear Traveler

Greetings from ALifetimeTrip

Thank you for choosing us for your travel needs.

Please find herewith all the relevant details (Itinerary, Accommodation) for your trip to 7N8D - Djum Lam (Hemis Padum) Trek.Kindly take a moment to review these.

The travel plan is totally customizable. Please reach your tour planner and ask for changes that you would like to incorporate in your vacation.

We value your business and look forward to assist you.

## Detailed Itinerary

Navigation and condition content

**Tour Itinerary: Ladakh(7N)**

**Day 1: Hemis (3.500m) to Shang Sumdo (3.660m)**
The monastery in the region of Hemis is the most visited site and it is also very famous. First you need to go down and then you can travel all the way up. After that, you will have to walk along the river bed. After that you will reach the village Shang Sumdo and you will reach that place after you have crossed a lot of rivers. The place has a very beautiful campsite.

**Day 2: Shang Sumdo(3.660m) to Kongmaru La(4.800m)**
You will have to make your way through the rocks. Then, going back all the way to the river. You reach Chukirmo, you now reach a gorge. Horses are unloaded here. You will have to cross the river a lot of times. After that, start climbing. You will get to see a beautiful camping spot called as Latza Kongmaru.u00a0

**Day 3: Kongmaru La(4.800m) to Langtang chu river(3.950m). You will cross Kongmaru La through this route**
You will get to see beautiful pass over the Zanskar range. Descent is easy for the summer pastures. This is one of the most beautiful high valleys of Ladakh. After you reach Nirmaling, you will have to pass the bridge, enter into a very beautiful valley, then again cross one more bridge and go down again towards the Kang Yaze. You will get to see a lot of campsites here.

**Day 4: Zalung karpo la to Tilud Simdo camp**
After reaching the camp, you move down now. A large number of stones are there. Pass this region and after 4 hours you will reach a valley that will lead you to Ruberung la. Towards the left bank, you can be into a beautiful gorge for 3 hours. Then, leave the path as it is rough for the horses. Walk for another 2 hours and then you will be at Tilum Simdo camp.

**Day 5: Tilud Simdo camp to Charchar la base camp(4.450m)**
After you leave the camp, you will have to cross the Chang chu river. This will take 2 hours after that you will have to pass a canyon. A lot of times, you will have to cross a river. Slowly, crossing will be easier. Go slightly up for another 2 hours and you reach strand where you will find stones. This way becomes tough for you. You are required to follow the stream as and when it goes and where it goes. You will also follow a comb before you finally arrive at a valley. After crossing that, you finally reach the campsite.

**Day 6: Charchar la base camp(4.450m) to Zangla Sumdo(3.800m). You will pass Charchar la(5.000m)**
You have to pass a 900m descent. Move towards the left and you will cross a canyon. Keep on walking till you see a large junction. This place is a very good campsite.

**Day 7: Zangla Sumdo(3.820m) to Zangla ( 3.431m)**
Move along the river. It can be left or right depending on the flow of the river. Finally, the valley will turn towards its right. You will see a beautiful house and a lot of fields. Move towards your right and up towards the Zangla castle. You will get to see a ruined fortress which was once used to be a royal place. One Hungarian scholar, whose name was Csoma de